

Pac-man Frog

Care Sheet



The fascinating Pac-Man frog hails from the lush forests of Argentina, Paraguay, and Brazil! With their incredible camouflage, they blend seamlessly into their surroundings and even dig into the mud for extra protection. To create a home that mirrors their natural habitat, it's essential to focus on key aspects: crafting a comfortable environment, offering a nutritious diet, and housing them alone to keep them safe. Remember, their delicate skin is sensitive, so when you handle your Pac-Man frog, ensure your hands are clean and free of any harmful substances.

Enclosure

Choosing a safe and secure terrarium for your Pac-Man frog can be an exciting adventure! It's super important to select a strong, escape-proof enclosure to keep your little buddy happy and safe. Look for terrariums with secure doors or lids; there are excellent locks explicitly designed to keep your precious friend secure.

Don't forget about ventilation! While you want to avoid any escape routes, ensuring there's enough airflow is key to promoting a healthy environment, eliminating harmful bacteria, and providing plenty of oxygen. Your Pac-Man frog will grow up to 8 inches in diameter, so aim for a minimum terrarium size of 60x45 cm. These little guys stay on the ground and don't climb, so a reasonable height isn't essential. Just make sure there's enough space for a nice, thick layer of substrate, since they love to dig and burrow.

Get to know

Building a connection with your Pac-Man frog is truly rewarding! Understanding their signs of distress and health issues is crucial, especially since they often look grumpy, but that's just their charm! When you first welcome your Pac-Man frog home, give it some time to relax and adjust to its new surroundings. Handling your frog gently and helping it get used to your presence will foster trust. However, remember to take it slow at first; quick movements can mimic a predator and scare it off. With patience and care, you'll develop an incredible bond that enriches both your lives!.

Temperature

Pac-Man frogs are fascinating cold-blooded creatures that thrive in warm environments to maintain their body temperature. To create a comfortable habitat for your frog, set up a basking area at one end of the terrarium, ideally at a cosy 28°C. Don't forget to create a cooler retreat spot where they can relax if they need to escape the heat. Using heat lamps with safety guards is a wise choice, as it ensures warmth while keeping your corn snake safe from burns. As night falls, it's perfectly fine to turn off the heating system and let the temperature drop to a refreshing 15°C to 20°C. This natural nighttime cool-down is delightful for your frog, helping to promote a healthy day-night cycle. Only do this if the surrounding environment is at a warm temperature.

LIFESPAN

10 to 15
years in
captivity

SIZE

8inches

TEMPERATURE

Hot end: 28 °C - 30 °C
Cold end: 22 °C - 24 °C

HUMIDITY

60% - 80%

Environment

Substrate: To create a cosy home for your Pac-Man frog, use bedding that mirrors its natural habitat! A delightful mix of coco fibre and topsoil, around 3-4 inches deep, is perfect for burrowing. Add some sphagnum moss and leaf litter for extra moisture and a touch of nature. Please give it a light spray with water daily.

Décor: Decoration is a crucial aspect of a Pac-Man's enclosure. Décor such as cork bark, rocks, and foliage will make good enrichment opportunities for your animal. They will also keep your animal mentally stimulated, which is beneficial to their health.

Cleaning: Keeping your enclosure clean is crucial for the well-being of your Pac-Man frog! Be sure to spot clean any waste you see promptly. Additionally, remember to replace the substrates at least once a month and give everything a thorough clean with a safe disinfectant. These simple practices will significantly reduce health risks, ensuring a happy and healthy environment for your amphibian friend!



Diet

Feeding: A Pac-Man frog's diet plays a crucial role in their overall health and vitality! They thrive on a delightful variety of insects, including crickets, locusts, and earthworms, which keep them strong and active. To enhance their nutrition, it's beneficial to lightly dust their food with calcium powder, ensuring they receive essential vitamins and minerals. Additionally, introducing a pinkie mouse occasionally can provide a nice boost of vitamin A, but moderation is key to prevent excess fat and protein. For adult frogs, a feeding schedule of insects every 2-3 days and a pinkie mouse every two weeks works wonderfully.

Water: It's essential to provide your Pac-Man with fresh water every day! Ensure you offer a spacious bowl, allowing them to bathe happily, as they enjoy spending time in it. Remember, they might sometimes use their water for bathroom needs, so be sure to change the water promptly when that happens. Keeping their environment clean and comfortable will help them thrive!

Pac-Man frog's weight

A healthy Pacman frog is typically just as wide as it is long, creating a delightful round shape! If you notice your frog is wider than it is long, it might be a bit overweight. Healthy frogs also have gentle ridges above their eardrums; if these ridges start to sag or fold, it could be a sign of extra fat. Remember, a Pacman should have a nice, rounded figure; if it appears slender, it may be underweight. Keep an eye on these shapes for a happy, thriving frog!

Pac-Man Frog's weight and shape



Overweight



Underweight



Health & Welfare

A healthy Pac-Man frog showcases a plump, round body, clear eyes, moist skin, and a pink, clean mouth. Their appetite should be robust, and they should appear bright and alert, featuring the charming bumps or "horns" that blend beautifully with their skin colour. If you ever notice your frog seems unwell, don't hesitate to consult a veterinarian. It's essential to avoid trying to remove anything from its skin or inserting objects, as this might cause unnecessary harm. Your care and attention can make a significant difference!

Shedding

Pac-Man frogs will shed or 'slough' their skin. Some frogs can shed their skin daily, while others may wait a few weeks between sheds. It's exciting to see that healthy frogs typically shed their skin in one complete piece. Interestingly, most frogs eat their old skin right after shedding, which is a clever way to recycle nutrients and boost their health!

Younger frogs, especially those that are growing, tend to shed more often compared to their adult counterparts. Keep an eye out for a cloudy or milky appearance in their skin—this is a sign they're about to shed. You'll often see them crouching during this process. While they are shedding, it is best to leave them so that nothing interrupts this process and causes them damage.

For pet owners, maintaining the proper humidity levels is essential. If you notice your Pacman frog's skin thickening due to low humidity, it's a good idea to increase it. This will help them shed comfortably and enjoy their tasty snack of shed skin!



Diseases and Concerns

Pacman frogs make wonderful, hardy pets that can flourish with the proper care, but like all creatures, they may face some health challenges. It's essential to watch for signs such as redness, swelling, or discharge from the skin or eyes, as these may indicate bacterial or fungal infections. Additionally, metabolic bone disease is a common concern among captive reptiles and amphibians, as it can lead to weak bones and deformities if their diets aren't supplemented with calcium or calcium plus D3. Remember, Pacman frogs can also carry salmonella, so always wash your hands after handling them or cleaning their habitat to stay healthy!

If you're considering bringing a Pac-Man frog into your home, it's equally crucial to familiarise yourself with their health needs. Daily monitoring is key! Should you notice any health issues, don't hesitate to consult an amphibian veterinarian. With a bit of attention and care, Pacman frogs can bring immense joy into your life!

Transport

When you travel with your animals, it's essential to prioritise their safety and comfort. Ensure their travel box has sufficient space for your Pac-Man frog to sit comfortably without being jostled around. If they're new to travelling, covering the box with a cloth to create a calming darkness can help ease their nerves. Remember to ensure the box is well-ventilated yet secure to prevent escape. Keeping your pet warm is crucial, so pack a battery heat pack or a hot water bottle to maintain a cosy environment.

Pac-Man Frog

